



## Faith-Based Conversation Starters

*Build deeper, Christ-centered connections through honest dialogue.*

**Purpose:** These conversation starters are designed to help you break the ice and go deeper in your relationships with other Christian men. Whether you're starting a new men's group, building a friendship, or looking for an accountability partner, use these prompts to create space for vulnerability and spiritual growth.

### How to Use This Tool:

- Pick one or two questions for a casual coffee meet-up or small group.
- Choose a few to reflect on personally before bringing them into conversation.
- Let the Holy Spirit guide the flow—don't force it, just be real.

### Conversation Starters:

**“How are you really doing—spiritually, emotionally, mentally?”**

Not just “fine.” Give room for honesty.

**“Where do you feel most pressure to be ‘strong’?”**

**“What’s one area you feel like you’re fighting anxiety or fear?”**

**“Is there a Bible verse that’s been speaking to you lately?”**

**“Have you ever had someone you could be completely real with? What was that like?”**

**“What does peace look like for you right now?”**

**“What’s something you’ve been praying about but haven’t shared with anyone yet?”**

**“How do you handle stress or pressure—and how would you like to handle it differently?”**

**“Where do you sense God calling you to grow?”**

**“How can I be praying for you this week?”**

### Proverbs 27:17

*“As iron sharpens iron, so one man sharpens another.”*